Zoning Board of Appeals
Minutes
December 15, 2016

Present

Chairman Dole
Michael Flavin
Dale Kellerson
Mark Unvericht

Absent

Diana Powell Keery

Also Present

Zoning Board Attorney Eric Stowe
Carol Nellis-Ewell
Will Barker
Christof Colegrove

Chairman Dole led the Pledge of Allegiance.

Public Hearing

The application Will Barker, Strength Trained, LLC, 11 Cannon Hill Road, Rochester, New York 14624, for a Special Permit to open a gym/fitness center at property located at 33 Slayton Avenue, Spencerport, New York 14559, whereas such use shall be permitted in this district subject to the granting of a special permit by the Zoning Board of Appeals after a public hearing. Pursuant to Chapter 340-24.S and 340-19 B (7), this is an Industrial District.

Will Barker: Introduced his partner Chris. We want to open a small gym here in Tops Plaza. We enclosed a letter about our business with our application. We are here because we want to help bring more fitness and we do strength and movement coaching. I know you have Atlas and Physical Therapy up the road. Neither of those really do what we do. We see a lot of potential in Spencerport to help everyone move better and prevent some movement related diseases. Chris knows more about that then I do.

Chris Colegrove: So Will is a graduate from Brockport with a Kinesiology Degree. I am finishing my last semester at Brockport in Exercise Science Degree. I already have a degree in Kinesiology. I have always loved working out and training. I have always been a trainer. But as I got into the education academic end really understanding the body I learned that there are a lot of diseases that can be prevented through movement. We know that a lot of cardio vascular diseases. But for me it is about the posture and the joints and joint health. Your joints are supposed to last a 100 years, but they don't we have back

issues, knee issues and others. That is where our specialty comes in. We wait improve people's quality of life through strength training and what we call pre-hab. So instead of waiting for someone to get injured and go to rehab why not do the necessary things prior to avoid the injuries. I am supper excited and passionate about it. I have been studying it outside of school plus my personal experience of 20 plus years in the gym. I think Spencerport will really benefit from this. We are bringing an idea to the east coast something that is really a west coast idea.

At this time Chairman Dole closed the Public Hearing.

Chairman Dole then asked Attorney Stowe and the board if they have any comments.

Dale Kellerson: It looks like request that you put in here answers a lot of the questions we would have like hours of operation, redecorating, how many people.

Chairman Dole: You don't plan on having several people at one time? What are your expectations?

Chris Colegrove: Small group training, maximum 10 people. It is not large groups. We typically look for smaller groups like 3 to 5 people for personal training.

Michael Flavin: So you are aware of Atlas and there is Bert's Box in Brockport. Is it somewhere in that area?

Chris Colegrove: Somewhere in between.

Michael Flavin: When I go by there I don't see a lot of stuff but maybe mats.

Chris Colegrove: Yes we won't have items like your bench presses. More like the kettle bells, medicine balls and stuff like that.

RESOLUTION
323/2016

WHEREAS, the Village of Spencerport Zoning Board of Appeals has before it an application from Will Barker, of Strength Trained, LLC, 11 Cannon Hill Road, Rochester, New York 14624 for a special permit to operate a gym/fitness center on property at 33 Slayton Avenue, Spencerport, New York 14559; and

WHEREAS, an application for a special use permit is an unlisted action, requiring review under SEQRA;

NOW THEREFORE BE IT RESOLVED, that the Village of Spencerport Zoning Board of Appeals declares that the application of Will Barker, of Strength Trained, LLC, 11 Cannon Hill Road, Rochester, New York 14624 for a special permit to operate a gym/fitness center on property at 33 Slayton Avenue, Spencerport, New York 14559, is an Unlisted Action, further, that the Zoning Board of Appeals declares

their status as lead agency, and based upon the information contained in the Short Form Environmental Assessment Form and evidenced supplied by the applicant, and having considered the comments from the public hearing, the Zoning Board of Appeals makes a finding that the application will have no significant environmental impact and issues a Negative Declaration.

Motion: Chairman Dole
Second: Michael Flavin

Vote of the Board:

Ayes: Dole, Flavin, Kellerson, Unvericht
Nays: None

RESOLUTION
324/2016

WHEREAS, the Village of Spencerport Zoning Board of Appeals has before it an application from Will Barker, of Strength Trained, LLC, 11 Cannon Hill Road, Rochester, New York 14624 for a special permit to operate a gym/fitness center on property at 33 Slayton Avenue, Spencerport, New York 14559, and

WHEREAS, the Village of Spencerport Zoning Board of Appeals has conducted a public hearing this 15th day of December, 2016, and

WHEREAS, the Village of Spencerport Zoning Board of Appeals has previously issued a negative declaration pursuant to the New York State Environmental Quality Review Act,

NOW THEREFORE BE IT RESOLVED, that the Village of Spencerport Zoning Board of Appeals does hereby grant a special permit to Will Barker, of Strength Trained, LLC, 11 Cannon Hill Road, Rochester, New York 14624 for a special permit to operate a gym/fitness center on property at 33 Slayton Avenue, Spencerport, New York 14559.

BE IT FURTHER RESOLVED that the following conditions are imposed on this special permit:

[] _____;

[] _____;

Motion: Chairman Dole
Second: Mark Unvericht

Vote of the Board:

Ayes: Dole, Flavin, Kellerson, Unvericht
Nays: None

Unfinished Business

Nothing requiring Board action

New Business

Nothing requiring Board action

Approval of Minutes

Motion made by Michael Flavin Seconded by Dale Kellerson carried unanimously to approve the October 20, 2016 minutes.

Adjournment

Motion made by Chairman Dole seconded by Mark Unvericht and carried unanimously to adjourn the meeting at 7:15 pm.